



SANTA MONICA
SEAFOOD®
Family Owned Since 1939

Spotted Wolffish



Species Name:

Anarhichas minor

Sustainability Rating:



Grey - Unrated

What:

A bottom dwelling large marine fish of the Anarhichadidae family that's also known as the Leopardfish. Although historically known as ocean catfish, Wolffish is not related to the freshwater catfish.

When:

Available Year-Round

Where:

Iceland

How:

Wild; hook & line

CHARACTERISTICS



Spotted Wolffish's diet consists primarily of shellfish which gives its meat a mild and sweet flavor. This versatile fish can be cooked in many ways: baking, barbecuing, broiling, steaming, and poaching. Wolffish has no scales so it cannot be kosher.

FOR YOUR MENU



When cooked, the lean (6.3% fat) white flesh is moist, tender and firm; flavor is very mild, yet complex and rich. A delicious fish, mostly undiscovered by seafood lovers.

FOR YOUR WAITSTAFF



If customers are looking for a delicious mild meat that is sweet and firm, suggest Spotted Wolffish. Pair this wonderful fish with a great tasting chardonnay.

FOR YOUR RETAIL DISPLAY



Make sure you highlight this beautiful fish on plenty of fresh greens and ice. Wolffish is a great option for customers looking for a milder fish to cook with meat that is nice and firm and versatile in many cooking applications.