



SANTA MONICA SEAFOOD™

A PASSION FOR SEAFOOD

ATLANTIC COD

WILD CAUGHT

PRODUCT OF ICELAND AND NORWAY



The Atlantic Cod (*Gadus morhua*) is a fish that deserves to be appreciated for its great flavor, firm meat, and unique texture.

This fish is usually found along the waters from Greenland to North Carolina, off the coast of Iceland, and along Europe's northeastern seaboard. Young Atlantic Cods diet consists of plenty of shrimp and other small crustaceans while adults are more likely to prey on larger crustaceans and fish.



The flesh is translucent when raw but cooks up to a beautiful white. Cod's flavor is mild and slightly sweet and cooks up firm but flaky. This amazing fish can withstand many cooking applications and is very easy to work with. Dip it into a beer batter for your very own signature fish and chips or cut it into chunks for a fantastic fish stew or chowder. Your guests will love it no matter how you serve it!