



**SANTA
MONICA
SEAFOOD™**

A PASSION FOR SEAFOOD

LAKE
WHITEFISH

LARGE FILLET, PBO

WHI133

WILD CAUGHT FROM LAKE SUPERIOR



Considered one of the best tasting freshwater fish, Lake Whitefish (*Coregonus clupeaformis*) have a high fat content (and as much Omega-3 Fatty Acid as a sockeye salmon). With an excellent flavor and meat that flakes easily when cooked - there's a lot to love about this fish!

Because of its excellent fat content, Lake Whitefish stays moist no matter how you cook it - it's also great smoked!



Remind your customers that this fish is part of the salmon and trout family, and it shares their good characteristics (like high Omega-3 Fatty Acid levels) with a much more mild taste than either salmon or trout.

- Available year-round
- 16-18 oz fillets
- Box = 9-10 fillets



Other SMS Codes:

WHI120 - JUMBO, GUTTED (4-5 LBS EACH)

WHI127 - JUMBO, NET FILLET, PBO (20-24 oz FILLETS)
BX=8 FILLETS/BOX

WHI129 - LARGE, GUTTED (3-4 LBS EACH)

WHI133 - LARGE, NET FILLET, PBO (16-18 oz FILLETS)
BX=9-10 FILLETS/BOX

WHI137 - LARGE, FILLET, SK/OFF

WHI131 - LARGE, F&S, SK/ON, PBO (1.75-3LBS. TOTAL)

WHI140 - LARGE, FILLET, SK/OFF, PBO (14-18OZ.FILLETS)

WHI1290 - LARGE, GUTTED, SCALED (3-4 LBS EA)

WHI132 - LARGE, NET FILLET (14-16 OZ. FILLETS)