



SANTA MONICA
SEAFOOD®
Family Owned Since 1939

Squid



CHARACTERISTICS

Squid have a mild and slightly sweet flavor and firm texture. We eat the tentacles, the tube (mantle) and the fins (wings). Squid can be enjoyed raw or cooked.

FOR YOUR MENU

Although we all love deep fried calamari, there are so many other ways to enjoy squid! Grill it, bake it, stuff it, add it to seafood stews - get creative!

FOR YOUR WAITSTAFF

If you have guests who say they don't like seafood squid can be a good choice! It's very mild flavored - give it a try!

FOR YOUR RETAIL DISPLAY

Remind your customers to pick up some cocktail sauce if they are making fried calamari at home!

Species Name:

Loligo pealeii

Sustainability Rating:



Yellow-Good Alternative (Eco-Certified)

What: Longfin Squid

When: Available year-round

Where: USA (Northwest Atlantic Ocean)

How: Wild Caught/Small-mesh bottom trawlers